

Lundi , 10.07

18:00 - 18:55

Pump
Monika

19:15 - 20:10

Fitboxe
Arlette

Mardi , 11.07

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Michaela

Mercredi , 12.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Veronica

Jeudi , 13.07

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Nicole

Vendredi , 14.07

Samedi , 15.07

Dimanche , 16.07