

Lundi , 03.07

09:10 - 10:05

Pump
Michelle

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Mardi , 04.07

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Kim

Mercredi , 05.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Morena

Jeudi , 06.07

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Sandra

Vendredi , 07.07

09:05 - 10:00

Zumba
Miriam

Samedi , 08.07

Dimanche , 09.07