

Lundi , 02.01

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Marina

Mardi , 03.01

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Kim

Mercredi , 04.01

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Arliss

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

*update Akademie Pump
Release*
Kim

Jeudi , 05.01

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Sandy

Vendredi , 06.01

09:05 - 10:00

Zumba
Miriam

Samedi , 07.01

Dimanche , 08.01

09:00 - 09:55

Pump
Arliss