

Lundi , 26.12

10:00 - 11:30

Zumba Special
Team

Mardi , 27.12

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Kim

Mercredi , 28.12

09:10 - 10:05

BBP (Bauch, Beine, Po) /
Bodytone
Arliss

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Kim

Jeudi , 29.12

09:05 - 10:00

Pilates
Vicky

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Alexandra

19:00 - 19:55

Fitboxe
Sandy

Vendredi , 30.12

09:05 - 10:00

Zumba
Miriam

Samedi , 31.12

Dimanche , 01.01