

Lundi , 30.12

09:30 - 10:25

Pump
Carmen

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Olivia

19:05 - 20:00

Pilates
Olivia

Mardi , 31.12

Mercredi , 01.01

Jeudi , 02.01

09:15 - 09:45

Upcon
Carmen

09:50 - 10:45

Pilates
Carmen

Vendredi , 03.01

09:30 - 10:25

Functional Workout
Carmen

Samedi , 04.01

Dimanche , 05.01

10:00 - 10:55

Pump
Sarina