

Lundi , 11.08

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Maja

19:00 - 19:55

Pump
Maja

Mardi , 12.08

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:15 - 19:10

Functional Workout
Sally

19:30 - 20:25

Yoga
Isabel

Mercredi , 13.08

18:15 - 19:10

Toning
Team

Jeudi , 14.08

09:10 - 10:05

Pilates
Sally

18:15 - 18:45

P.I.I.T
Selina

19:00 - 19:55

Pump
Maja

Vendredi , 15.08

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

18:00 - 18:55

Pilates
Sally

Samedi , 16.08

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Dimanche , 17.08