

Lundi , 01.12

08:45 - 09:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Diana

18:25 - 19:20

Pump
Veronica

19:30 - 20:25

Yoga
Katja

Mardi , 02.12

08:45 - 09:40

Yoga
Sabin

19:00 - 19:55

Pump
Fabien

Mercredi , 03.12

08:30 - 09:25

Pilates
Vasiliki

18:30 - 19:25

Yoga
Jeannette

Jeudi , 04.12

18:00 - 18:55

Zumba
Diana Patricia

Vendredi , 05.12

08:30 - 09:25

Rückenfit
Olivia

Samedi , 06.12

09:00 - 09:55

Pump
Fabien

Dimanche , 07.12