

Lundi , 21.07

09:55 - 10:50

Pilates
Nadia

18:00 - 18:55

Upcon
Céline H.

19:10 - 20:05

Yoga Strength&Flow
Carmen

Mardi , 22.07

10:00 - 10:55

Pilates
Joanna

18:00 - 18:55

Pump
Ruth

19:10 - 20:05

Fitboxe
Team

Mercredi , 23.07

12:15 - 13:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadia

18:30 - 19:25

Kick Power
Céline B.

Jeudi , 24.07

17:30 - 18:25

Zumba
Josephine

18:45 - 19:40

Power Yoga
Bruno

Vendredi , 25.07

09:00 - 09:55

Pump
Asena

10:05 - 11:00

Yoga
Pedro

12:15 - 12:45

P.I.I.T
Rebecca

Samedi , 26.07

09:00 - 09:55

Pump
Asena

10:15 - 11:10

Fitboxe
Team

Dimanche , 27.07