

Lundi , 23.12

08:50 - 09:45

Pump
Andrea

09:55 - 10:50

*BBP (Bauch, Beine,
Po) / Bodytone*
Nadia

18:00 - 18:55

Upcon
Céline H.

19:15 - 20:10

Pilates
Monica

Mardi , 24.12

10:15 - 11:45

Fitboxe Special
Team

Mercredi , 25.12

Jeudi , 26.12

Vendredi , 27.12

09:00 - 09:55

Pump
Asena

10:05 - 11:00

Yoga
Carmen

12:15 - 12:45

P.I.I.T
Asena

Samedi , 28.12

09:00 - 09:55

Pump
Ruth

10:15 - 11:10

Fitboxe
Céline B.

Dimanche , 29.12