

Lundi , 01.01

Mardi , 02.01

Mercredi , 03.01

09:30 - 10:25

Functional Workout
Asena

18:30 - 19:25

Kick Power
Céline B.

Jeudi , 04.01

17:30 - 18:25

Zumba
Yasmine

18:45 - 19:40

Power Yoga
Pedro

Vendredi , 05.01

09:00 - 09:55

Pump
Asena

10:05 - 11:00

Yoga
Pedro

Samedi , 06.01

09:00 - 09:55

Pump
Asena

10:15 - 11:10

Fitboxe
Céline B.

Dimanche , 07.01