

Lundi , 15.05

08:50 - 09:45

Pump
Andrea

09:55 - 10:50

*BBP (Bauch, Beine,
Po) / Bodytone*
Nadja

18:00 - 18:55

Upcon
Brigitte

19:10 - 20:05

Yoga Strength&Flow
Nadia

Mardi , 16.05

09:00 - 09:55

*Dance Aerobic / Dance
Mix*
Beatriz

10:00 - 10:55

Pilates
Beatriz

18:00 - 18:55

Pump
Lea

19:10 - 20:05

Fitboxe
Rebecca

Mercredi , 17.05

09:30 - 10:25

Functional Workout
Barbara

18:30 - 19:25

Kick Power
Céline B.

Jeudi , 18.05

Vendredi , 19.05

09:00 - 09:55

Pump
Asena

10:05 - 11:00

Yoga
Pedro

Samedi , 20.05

10:15 - 11:10

Fitboxe
Céline H.

Dimanche , 21.05