

Lundi , 01.04

10:00 - 10:55

Pump Special
Sabrina

11:00 - 11:55

Bodycombat
Sabrina

18:00 - 18:55

BodyART International
Mirjam

Mardi , 02.04

09:10 - 10:05

Pump
Natascha

12:15 - 13:10

BodyART International
Mirjam

17:45 - 18:40

Pump
Esther

19:00 - 19:55

Pilates
Simone Lisa

Mercredi , 03.04

06:30 - 07:25

Cycling
Adriano

12:15 - 13:10

Interval Training
Mirjam

17:30 - 18:25

Pump
Sonia

18:45 - 19:40

Bodycombat
Sonia

Jeudi , 04.04

12:15 - 13:10

BodyART International
Mirjam

18:00 - 18:55

Cycling
Marcel

19:15 - 20:10

Pump
Andrea

Vendredi , 05.04

09:10 - 10:05

Toning
Jacqueline

10:20 - 11:15

Pilates
Babette

12:15 - 13:10

Bodycombat
Jacqueline

17:30 - 18:25

Cycling
Adriano

18:40 - 19:35

BodyART International
Mirjam

Samedi , 06.04

09:30 - 10:25

Pump
Jeannine

10:35 - 11:30

Bodycombat
Jacqueline

11:45 - 12:40

Bodybalance
Jacqueline

Dimanche , 07.04

11:30 - 12:25

Interval Training
Mirjam

12:30 - 13:00

Bauch Express
Mirjam