

Lundi , 25.12

12:15 - 13:10

BBP Special
Liliane

Mardi , 26.12

10:30 - 12:00

Bodybalance
Jacqueline

Mercredi , 27.12

06:30 - 07:25

Cycling
Adriano

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Serena

12:15 - 13:10

Interval Training
Mirjam

17:30 - 18:25

Pump
Sabrina

18:45 - 19:40

Bodycombat
Sabrina

Jeudi , 28.12

12:15 - 13:10

BodyART International
Mirjam

18:00 - 18:55

Cycling
Marcel

19:15 - 20:10

BBP (Bauch, Beine, Po) / Bodytone
Sarah

Vendredi , 29.12

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Jacqueline

10:20 - 11:15

Pilates
Serena

12:15 - 13:10

Bodycombat
Jacqueline

17:30 - 18:25

Interval Training
Mirjam

18:40 - 19:35

BodyART International
Mirjam

Samedi , 30.12

09:30 - 10:25

Pump
Natascha

10:35 - 11:30

Bodycombat
Jacqueline

11:45 - 12:40

Bodybalance
Jacqueline

Dimanche , 31.12

11:30 - 12:25

Interval Training
Mirjam

12:30 - 13:25

BodyART International
Mirjam