

Lundi , 03.04

09:10 - 10:05

*BodyART
International*
Mirjam

12:15 - 13:10

*BBP (Bauch, Beine,
Po) / Bodytone*
Liliane

17:45 - 18:40

Pump
Christian

18:50 - 19:45

Bodycombat
Natascha

20:00 - 20:55

Bodybalance
Jacqueline

Mardi , 04.04

09:10 - 10:05

Pump
Natascha

12:15 - 13:10

Yoga
Irene

17:45 - 18:40

Pump
Esther

19:00 - 19:55

Pilates
Simone Lisa

Mercredi , 05.04

06:30 - 07:25

Cycling
Adriano

09:10 - 10:05

*BBP (Bauch, Beine,
Po) / Bodytone*
Serena

12:15 - 13:10

Interval Training
Mirjam

17:30 - 18:25

Pump
Sonia

18:45 - 19:40

Bodycombat
Sonia

Jeudi , 06.04

12:15 - 13:10

BodyART International
Mirjam

18:00 - 18:55

Cycling
Anasilia

19:15 - 20:10

Pump
Ariane

Vendredi , 07.04

10:30 - 11:55

BBP Special
Jacqueline

18:00 - 18:55

BodyART International
Mirjam

Samedi , 08.04

09:30 - 10:25

Pump
Jeannine

10:35 - 11:30

Bodycombat
Jacqueline

11:45 - 12:40

Bodybalance
Jacqueline

Dimanche , 09.04

11:30 - 12:25

Interval Training
Mirjam

12:30 - 13:00

Bauch Express
Mirjam