

Lundi , 19.09

09:15 - 10:10

BodyART International
Mirjam

17:45 - 18:40

Pump
Christian

18:50 - 19:45

Bodycombat
Jeannine

20:00 - 20:55

Bodybalance
Jacqueline

Mardi , 20.09

09:10 - 10:05

Pump
Eliane

12:15 - 13:10

Yoga
Irene

17:45 - 18:40

Pump
Esther

19:00 - 19:55

Pilates
Simone Lisa

Mercredi , 21.09

06:30 - 07:25

Cycling
Stefan

09:10 - 10:05

*BBP (Bauch, Beine,
Po) / Bodytone*
Jacqueline

12:15 - 13:10

Interval Training
Mirjam

17:30 - 18:25

Pump
Sonia

18:45 - 19:40

Bodycombat
Sonia

Jeudi , 22.09

12:15 - 13:10

BodyART International
Mirjam

19:15 - 20:10

Pump
Andrea

Vendredi , 23.09

09:10 - 10:05

*BBP (Bauch, Beine,
Po) / Bodytone*
Jacqueline

10:20 - 11:15

Pilates
Beatriz

12:15 - 13:10

Bodycombat
Jacqueline

17:30 - 18:25

Cycling
Adriano

18:40 - 19:35

*BodyART
International*
Mirjam

Samedi , 24.09

09:30 - 10:25

Interval Training
Antoinette

10:35 - 11:30

Bodycombat
Jacqueline

11:45 - 12:40

Bodybalance
Jacqueline

Dimanche , 25.09

11:30 - 12:45

Interval Training
Mirjam