

Lundi , 01.08

09:30 - 10:25

Pump
Ariane

10:40 - 11:35

Bodycombat
Ariane

18:00 - 18:55

BodyART International
Mirjam

Mardi , 02.08

09:10 - 10:05

Pump
Eliane

12:15 - 13:10

Yoga
Irene

17:45 - 18:40

Pump
Christian

19:00 - 19:55

Pilates
Michèle

Mercredi , 03.08

06:30 - 07:25

Cycling
Adriano

09:10 - 10:05

*BBP (Bauch, Beine,
Po) / Bodytone*
Serena

12:15 - 13:10

Interval Training
Mirjam

17:30 - 18:25

Pump
Ariane

18:45 - 19:40

Bodycombat
Laura

Jeudi , 04.08

12:15 - 13:10

BodyART International
Mirjam

19:15 - 20:10

Pump
Andrea

Vendredi , 05.08

09:10 - 10:05

*BBP (Bauch, Beine,
Po) / Bodytone*
Serena

10:20 - 11:15

Pilates
Serena

12:15 - 13:10

Bodycombat
Michael

17:30 - 18:25

Cycling
Adriano

18:40 - 19:35

*BodyART
International*
Mirjam

Samedi , 06.08

09:30 - 10:25

Bodystyling
Mirjam

10:35 - 11:30

Bodycombat
Michael

11:45 - 12:40

Bodybalance
Rebekka

Dimanche , 07.08

11:30 - 12:45

Interval Training
Mirjam