

Lundi , 29.05

Mardi , 30.05

12:15 - 12:45

P.I.I.T

Céline H.

17:25 - 18:20

TRX

Carmelina

18:30 - 19:25

Power Yoga

Pedro

Mercredi , 31.05

12:15 - 13:00

TRX

Luca

16:55 - 17:50

Pump

Andrea

18:00 - 18:55

Pilates

Beatriz

Jeudi , 01.06

12:15 - 12:45

Simply Core

Antoinette

17:30 - 18:25

TRX

Brigitte

18:40 - 19:35

*Dance Aerobic / Dance
Mix*

Beatriz

Vendredi , 02.06

12:15 - 13:10

Fitboxe

Maddalena

17:30 - 18:25

Yoga

Pedro

Samedi , 03.06

Dimanche , 04.06