

Lundi , 24.04

07:50 - 08:45

Upcon
Jana

09:00 - 09:55

Pilates
Oxana

12:15 - 12:45

P.I.I.T
Céline B.

17:50 - 18:45

Fitboxe
Céline B.

19:00 - 19:55

Zumba
Andrea

Mardi , 25.04

12:15 - 12:45

P.I.I.T
Céline H.

17:25 - 18:20

TRX
Carmelina

18:30 - 19:25

Power Yoga
Pedro

Mercredi , 26.04

16:55 - 17:50

Pump
Andrea

18:00 - 18:55

Pilates
Beatriz

Jeudi , 27.04

12:15 - 12:45

Simply Core
Antoinette

17:30 - 18:25

TRX
Sibylle

18:40 - 19:35

Dance Aerobic / Dance
Mix
Daniela

Vendredi , 28.04

12:15 - 13:10

Fitboxe
Maddalena

17:30 - 18:25

Yoga
Pedro

Samedi , 29.04

Dimanche , 30.04