

**Lundi , 11.12**

**09:30 - 10:25**

*Latin Dance*  
Segundo

**18:30 - 19:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Natasha

**19:30 - 20:00**

*P.I.I.T*  
Natasha

**Mardi , 12.12**

**18:00 - 18:55**

*Pilates*  
Natalie

**19:00 - 19:55**

*Step*  
Bärbel

**Mercredi , 13.12**

**18:30 - 19:25**

*Core Training*  
Annette

**Jeudi , 14.12**

**Vendredi , 15.12**

**09:30 - 10:25**

*Toning*  
Bärbel

**Samedi , 16.12**

**10:00 - 10:55**

*Pump*  
Natalie

**Dimanche , 17.12**