

Lundi , 04.12

09:30 - 10:25

Latin Dance
Segundo

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

19:30 - 20:00

P.I.I.T
Natasha

Mardi , 05.12

18:00 - 18:55

Pilates
Natalie

19:00 - 19:55

Step
Bärbel

Mercredi , 06.12

18:30 - 19:25

Core Training
Annette

Jeudi , 07.12

Vendredi , 08.12

09:30 - 10:25

Toning
Daniela

Samedi , 09.12

10:00 - 10:55

Pump
Natalie

Dimanche , 10.12