

Lundi , 13.11

09:10 - 10:05

Latin Dance
Segundo

18:30 - 19:00

P.I.I.T
Natasha

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Natasha

Mardi , 14.11

18:00 - 18:55

Pilates
Natalie

19:00 - 19:55

Step
Bärbel

Mercredi , 15.11

18:30 - 19:25

Core Training
Annette

Jeudi , 16.11

Vendredi , 17.11

09:30 - 10:25

Toning
Daniela

Samedi , 18.11

10:00 - 10:55

Pump
Natalie

Dimanche , 19.11