

**Lundi , 06.11**

**09:10 - 10:05**

*Latin Dance*  
Segundo

**18:30 - 19:00**

*P.I.I.T*  
Natasha

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /*  
*Bodytone*  
Natasha

**Mardi , 07.11**

**18:00 - 18:55**

*Pilates*  
Natalie

**19:00 - 19:55**

*Step*  
Team

**Mercredi , 08.11**

**18:30 - 19:25**

*Core Training*  
Annette

**Jeudi , 09.11**

**Vendredi , 10.11**

**09:30 - 10:25**

*Toning*  
Daniela

**Samedi , 11.11**

**10:00 - 10:55**

*Pump*  
Natalie

**Dimanche , 12.11**