

**Lundi , 16.10**

**09:10 - 10:05**

*Latin Dance*  
Segundo

**18:30 - 19:00**

*P.I.I.T*  
Natasha

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /*  
*Bodytone*  
Natasha

**Mardi , 17.10**

**18:00 - 18:55**

*Pilates*  
Natalie

**19:00 - 19:55**

*Step*  
Bärbel

**Mercredi , 18.10**

**18:30 - 19:25**

*Core Training*  
Annette

**Jeudi , 19.10**

**Vendredi , 20.10**

**09:10 - 10:05**

*Toning*  
Daniela

**Samedi , 21.10**

**Dimanche , 22.10**