

Lundi , 11.09

09:30 - 10:25

Latin Dance
Segundo

18:30 - 19:00

P.I.I.T
Natasha

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Natasha

Mardi , 12.09

18:00 - 18:55

Pilates
Natalie

19:00 - 19:55

Step
Bärbel

Mercredi , 13.09

18:30 - 19:25

Core Training
Natalie

Jeudi , 14.09

Vendredi , 15.09

09:30 - 10:25

Toning
Daniela

Samedi , 16.09

10:00 - 10:55

Pump
Natalie

Dimanche , 17.09