

Lundi , 09.01

09:10 - 10:05

Latin Dance
Segundo

18:00 - 18:55

Kick Power
Natasha

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Natasha

Mardi , 10.01

19:00 - 19:55

Step Aerobic
Bärbel

Mercredi , 11.01

18:00 - 18:55

Step
Annette

19:00 - 19:30

Core Training
Annette

Jeudi , 12.01

Vendredi , 13.01

09:10 - 10:05

Toning
Daniela

Samedi , 14.01

Dimanche , 15.01