

Lundi , 02.01

Mardi , 03.01

19:00 - 19:55

Step
Bärbel

Mercredi , 04.01

18:00 - 18:55

Step
Annette

18:30 - 19:25

Core Training
Annette

Jeudi , 05.01

Vendredi , 06.01

09:30 - 10:25

Toning
Daniela

Samedi , 07.01

Dimanche , 08.01