

Lundi , 26.09

09:10 - 10:05

Latin Dance
Segundo

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Natasha

Mardi , 27.09

09:00 - 09:55

Toning
Daniela

19:00 - 19:55

Step Aerobic
Bärbel

Mercredi , 28.09

09:10 - 10:05

Latin Dance
Segundo

Jeudi , 29.09

08:00 - 08:55

BBP (Bauch, Beine, Po) /
Bodytone
Bärbel

18:00 - 18:25

P.I.I.T
Annette

18:30 - 19:00

Core Training
Annette

Vendredi , 30.09

Samedi , 01.10

Dimanche , 02.10