

Lundi , 05.09

09:10 - 10:05

Latin Dance
Segundo

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

Mardi , 06.09

09:00 - 09:55

Toning
Daniela

19:00 - 19:55

Step Aerobic
Bärbel

Mercredi , 07.09

09:10 - 10:05

Latin Dance
Segundo

Jeudi , 08.09

08:00 - 08:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

18:00 - 18:25

P.I.I.T
Annette

18:30 - 19:00

Core Training
Annette

Vendredi , 09.09

Samedi , 10.09

Dimanche , 11.09