

Lundi , 02.12

07:00 - 07:55

Yoga
Vivian

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Cynthia

17:10 - 17:55

Functional Workout
Bianca

18:00 - 18:55

Yoga
Vera

19:05 - 20:00

Pump
Bianca

Mardi , 03.12

12:15 - 12:45

P.I.I.T
Naima

18:00 - 18:55

Kick Power
Isabelle

19:00 - 19:55

Zumba
Deniz

Mercredi , 04.12

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Cynthia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) / Bodytone
Saskia

19:15 - 20:10

Pump
Saskia

Jeudi , 05.12

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Claudia

19:00 - 19:55

Yoga
Olga

Vendredi , 06.12

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Naima

Samedi , 07.12

Dimanche , 08.12

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Fabienne