

Lundi , 30.09

07:00 - 07:55

Yoga
Laura

12:15 - 13:00

BBP (Bauch, Beine,
Po) / Bodytone
Fabienne

18:00 - 18:55

Yoga
Pia

19:05 - 20:00

Pump
Cristian

Mardi , 01.10

12:15 - 12:45

P.I.I.T
Naima

18:00 - 18:55

Kick Power
Isabelle

Mercredi , 02.10

12:15 - 13:00

BBP (Bauch, Beine,
Po) / Bodytone
Cynthia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine,
Po) / Bodytone
Jacqueline

19:15 - 20:10

Pump
Jacqueline

Jeudi , 03.10

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Jacqueline

19:00 - 19:55

Yoga
Vera

Vendredi , 04.10

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Naima

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samedi , 05.10

Dimanche , 06.10

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Naima