

**Lundi , 13.05**

**07:00 - 07:55**

Yoga  
Vivian

**12:15 - 13:00**

BBP (Bauch, Beine,  
Po) / Bodytone  
Cynthia

**17:15 - 18:00**

Functional Workout  
Bianca

**18:00 - 18:55**

Yoga  
Vera

**Mardi , 14.05**

**12:15 - 12:45**

P.I.I.T  
Bianca

**19:00 - 19:55**

Zumba  
Karina

**Mercredi , 15.05**

**12:15 - 13:00**

BBP (Bauch, Beine,  
Po) / Bodytone  
Flavia

**17:15 - 18:10**

Pilates  
Isabelle

**18:15 - 19:10**

BBP (Bauch, Beine,  
Po) / Bodytone  
Saskia

**19:15 - 20:10**

Pump  
Saskia

**Jeudi , 16.05**

**12:10 - 13:00**

Yoga  
Olga

**18:00 - 18:55**

BBP (Bauch, Beine, Po) /  
Bodytone  
Cynthia

**Vendredi , 17.05**

**12:15 - 13:00**

BBP (Bauch, Beine, Po) /  
Bodytone  
Naima

**17:30 - 18:00**

Simply Core  
Naima

**18:10 - 19:05**

BBP (Bauch, Beine, Po) /  
Bodytone  
Naima

**Samedi , 18.05**

**Dimanche , 19.05**