

Lundi , 06.05

07:00 - 07:55

Yoga
Vivian

12:15 - 13:00

BBP (Bauch, Beine,
Po) / Bodytone
Priska

17:15 - 18:00

Functional Workout
Bianca

18:00 - 18:55

Yoga
Vera

19:05 - 20:00

Pump
Cristian

Mardi , 07.05

12:15 - 12:45

P.I.I.T
Melanie

18:00 - 18:55

Kick Power
Isabelle

19:00 - 19:55

Zumba
Deniz

Mercredi , 08.05

12:15 - 13:00

BBP (Bauch, Beine,
Po) / Bodytone
Flavia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine,
Po) / Bodytone
Saskia

19:15 - 20:10

Pump
Saskia

Jeudi , 09.05

Vendredi , 10.05

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Naima

17:30 - 18:00

Simply Core
Naima

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Naima

Samedi , 11.05

Dimanche , 12.05

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Bianca