

Lundi , 18.12

07:00 - 07:55

Yoga
Vivian

12:15 - 12:45

P.I.I.T
Luana

17:15 - 18:00

Functional Workout
Flavia

18:05 - 19:00

Yoga
Neira

19:05 - 20:00

Pump
Cristian

Mardi , 19.12

12:15 - 13:00

Yoga
Sunethra

18:00 - 18:55

Kick Power
Isabelle

19:00 - 19:55

Zumba
Deniz

Mercredi , 20.12

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

17:15 - 18:10

Pilates
Isabelle

Jeudi , 21.12

12:15 - 12:45

P.I.I.T
Bianca

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

19:00 - 19:55

Pump
Angelica

Vendredi , 22.12

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Naima

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samedi , 23.12

Dimanche , 24.12