

Lundi , 09.10

07:00 - 07:55

Yoga
Vivian

12:15 - 12:45

P.I.I.T
Luana

18:00 - 18:55

Yoga
Neira

19:05 - 20:00

Pump
Cristian

Mardi , 10.10

12:15 - 13:00

Yoga
Neira

17:45 - 18:00

Techniktraining
Isabelle

18:00 - 18:55

Kick Power
Isabelle

19:00 - 19:55

Zumba
Deniz

Mercredi , 11.10

12:15 - 12:45

Simply Core
Bianca

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Naima

19:15 - 20:10

Pump
Cristian

Jeudi , 12.10

12:15 - 12:45

P.I.I.T
Bianca

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

19:00 - 19:55

Pump
Angelica

Vendredi , 13.10

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Naima

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samedi , 14.10

Dimanche , 15.10

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Luana