

**Lundi , 11.09**

**07:00 - 07:55**

Yoga  
Vivian

**12:15 - 12:45**

P.I.I.T  
Melanie

**18:00 - 18:55**

Yoga  
Neira

**19:05 - 20:00**

Pump  
Cristian

**Mardi , 12.09**

**12:15 - 13:00**

Yoga  
Neira

**18:00 - 18:55**

Functional Workout  
Bianca

**19:10 - 20:05**

Zumba  
Deniz

**Mercredi , 13.09**

**12:15 - 13:00**

BBP (Bauch, Beine, Po) / Bodytone  
Flavia

**17:15 - 18:10**

Pilates  
Isabelle

**18:15 - 19:10**

BBP (Bauch, Beine, Po) / Bodytone  
Saskia

**19:15 - 20:10**

Pump  
Saskia

**Jeudi , 14.09**

**12:15 - 12:45**

P.I.I.T  
Bianca

**18:00 - 18:55**

BBP (Bauch, Beine, Po) / Bodytone  
Saskia

**19:00 - 19:55**

Pump  
Saskia

**Vendredi , 15.09**

**12:15 - 13:00**

BBP (Bauch, Beine, Po) / Bodytone  
Naima

**17:30 - 18:00**

Simply Core  
Naima

**18:10 - 19:05**

BBP (Bauch, Beine, Po) / Bodytone  
Jady

**Samedi , 16.09**

**Dimanche , 17.09**

**10:00 - 10:55**

BBP (Bauch, Beine, Po) / Bodytone  
Naima