

Lundi , 29.05

10:00 - 11:30

Yoga Special
Neira

Mardi , 30.05

12:15 - 13:00

Yoga
Neira

18:00 - 18:55

Pump
Amy

19:10 - 20:05

Zumba
Deniz

Mercredi , 31.05

12:15 - 13:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Flavia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia

Jeudi , 01.06

12:15 - 12:45

P.I.I.T
Luana

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angelica

19:00 - 19:55

Pump
Angelica

Vendredi , 02.06

12:15 - 13:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Angelica

17:30 - 18:00

Simply Core
Naima

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Naima

Samedi , 03.06

Dimanche , 04.06

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne