

Lundi , 15.05

07:00 - 07:55

Yoga
Sunethra

12:15 - 12:45

P.I.I.T
Cynthia

18:00 - 18:55

Yoga
Sunethra

19:05 - 20:00

Pump
Cristian

Mardi , 16.05

12:15 - 13:00

Yoga
Sunethra

18:00 - 18:55

Pump
Amy

19:10 - 20:05

Zumba
Deniz

Mercredi , 17.05

12:15 - 13:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Flavia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia

Jeudi , 18.05

Vendredi , 19.05

12:15 - 13:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Cynthia

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Dina

Samedi , 20.05

Dimanche , 21.05

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Team