

Lundi , 08.05

07:00 - 07:55

Yoga
Vivian

12:15 - 12:45

P.I.I.T
Cynthia

18:00 - 18:55

Yoga
Neira

19:05 - 20:00

Pump
Cristian

Mardi , 09.05

12:15 - 13:00

Yoga
Neira

18:00 - 18:55

Pump
Flavia

19:10 - 20:05

Zumba
Deniz

Mercredi , 10.05

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Saskia

Jeudi , 11.05

12:15 - 12:45

P.I.I.T
Renate

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

19:00 - 19:55

Pump
Flavia

Vendredi , 12.05

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Cynthia

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samedi , 13.05

Dimanche , 14.05

10:00 - 10:55

Kick Power
Isabelle