

Lundi , 10.04

Mardi , 11.04

12:15 - 13:00

Yoga
Vivian

18:00 - 18:55

Pump
Flavia

19:10 - 20:05

Zumba
Deniz

Mercredi , 12.04

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Saskia

Jeudi , 13.04

12:15 - 12:45

P.I.I.T
Renate

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

19:00 - 19:55

Pump
Angelica

Vendredi , 14.04

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samedi , 15.04

Dimanche , 16.04

10:00 - 10:55

Fighttime 55'
Flavia