

Lundi , 16.01

07:00 - 07:55

Yoga
Elissa

12:15 - 12:45

P.I.I.T
Luana

18:00 - 18:55

Yoga
Elissa

19:05 - 20:00

Pump
Cristian

Mardi , 17.01

12:15 - 13:00

Yoga
Neira

18:00 - 18:55

Pump
Flavia

19:10 - 20:05

Zumba
Deniz

Mercredi , 18.01

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Saskia

Jeudi , 19.01

12:15 - 12:45

P.I.I.T
Renate

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

19:05 - 20:00

Pump
Angelica

Vendredi , 20.01

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Cynthia

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samedi , 21.01

Dimanche , 22.01

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Melanie