

Lundi , 26.12

Mardi , 27.12

12:15 - 13:00

Yoga
Isabelle

18:00 - 18:55

Pump
Flavia

19:10 - 20:05

Zumba
Deniz

Mercredi , 28.12

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

17:15 - 18:10

Pilates
Isabelle

Jeudi , 29.12

12:15 - 12:45

P.I.I.T
Luana

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

19:05 - 20:00

Pump
Angelica

Vendredi , 30.12

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samedi , 31.12

Dimanche , 01.01