

Lundi , 05.12

07:00 - 07:55

Yoga
Elissa

12:15 - 12:45

P.I.I.T
Luana

18:00 - 18:55

Yoga
Elissa

19:05 - 20:00

Pump
Cristian

Mardi , 06.12

12:15 - 13:00

Yoga
Neira

18:00 - 18:55

Pump
Cristian

19:10 - 20:05

Zumba
Deniz

Mercredi , 07.12

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Leandra

17:15 - 18:10

Pilates
Isabelle

Jeudi , 08.12

12:15 - 12:45

P.I.I.T
Renate

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

Vendredi , 09.12

12:15 - 13:00

BBP meet's Kickpower
Isabelle

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samedi , 10.12

Dimanche , 11.12

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Jennifer