

Lundi , 14.11

07:00 - 07:55

Yoga
Elissa

12:15 - 12:45

P.I.I.T
Cynthia

18:00 - 18:55

Yoga
Elissa

19:05 - 20:00

Pump
Cristian

Mardi , 15.11

12:15 - 13:00

Yoga
Neira

18:00 - 18:55

Pump
Florence

19:10 - 20:05

Zumba
Deniz

Mercredi , 16.11

12:15 - 13:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Flavia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Jennifer

Jeudi , 17.11

12:15 - 12:45

P.I.I.T
Renate

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angelica

19:05 - 20:00

Pump
Angelica

Vendredi , 18.11

12:15 - 13:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Cynthia

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Dina

Samedi , 19.11

Dimanche , 20.11

10:00 - 11:30

Zumba Special
Team