

Lundi , 27.11

09:30 - 10:25

Pilates
 Caroline

17:30 - 18:00

Les Mills Grit
 Anna

18:15 - 19:10

Faszien-Training
 Olga

18:15 - 19:10

Cycling
 Rene

19:30 - 20:30

Les Mills Bodypump
 Nicole

Mardi , 28.11

09:15 - 10:15

Les Mills Bodypump
 Barbara

12:05 - 13:05

Les Mills Bodypump
 Tatiana

17:45 - 18:15

Les Mills CORE
 Melanie

18:20 - 19:15

BBP (Bauch, Beine, Po) / Bodytone
 Melanie

Mercredi , 29.11

09:30 - 10:25

Pilates
 Caroline

12:05 - 12:35

Les Mills CORE
 Anna

12:35 - 13:05

Les Mills Grit
 Anna

18:30 - 19:30

Les Mills Bodypump
 Eszter

19:45 - 20:40

Pilates
 Martina

Jeudi , 30.11

12:05 - 13:00

Pilates
 Sonja

18:30 - 19:30

Martial Art Fit
 Dirk

18:30 - 19:25

Cycling
 Rene

Vendredi , 01.12

09:00 - 09:55

Faszien-Training
 Carole

12:05 - 13:05

Les Mills Bodypump
 Elena

Samedi , 02.12

09:30 - 10:30

Les Mills Bodypump
 Eszter

Dimanche , 03.12

10:00 - 11:00

Les Mills Bodypump
 Eszter