

Lundi , 15.01

17:30 - 18:00

Simply Core
Fabienne

18:05 - 19:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

Mardi , 16.01

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Mercredi , 17.01

18:00 - 18:55

Pump
Graziella

Jeudi , 18.01

12:15 - 12:45

P.I.I.T
Priska

18:00 - 18:55

Zumba
Jady

Vendredi , 19.01

17:30 - 18:25

Functional Workout
Melanie

Samedi , 20.01

10:00 - 10:55

Pump
Graziella

Dimanche , 21.01