

Lundi , 20.11

17:30 - 18:00

Simply Core
Naima

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Naima

Mardi , 21.11

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Jady

Mercredi , 22.11

18:00 - 18:55

Pump
Graziella

Jeudi , 23.11

12:15 - 12:45

P.I.I.T
Melanie

18:00 - 18:55

Zumba
Jady

Vendredi , 24.11

17:30 - 18:25

Functional Workout
Luana

Samedi , 25.11

10:00 - 10:55

Pump
Graziella

Dimanche , 26.11