

Lundi , 06.11

17:30 - 18:00

Simply Core
Naima

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Naima

Mardi , 07.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Mercredi , 08.11

18:00 - 18:55

Pump
Graziella

Jeudi , 09.11

12:15 - 12:45

P.I.I.T
Priska

18:00 - 18:55

Zumba
Jady

Vendredi , 10.11

17:30 - 18:25

Functional Workout
Luana

Samedi , 11.11

10:00 - 10:55

Pump
Graziella

Dimanche , 12.11