

Lundi , 23.10

17:30 - 18:00

Simply Core
Fabienne

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Fabienne

Mardi , 24.10

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Jady

Mercredi , 25.10

18:00 - 18:55

Pump
Graziella

Jeudi , 26.10

18:00 - 18:55

Zumba
Jady

Vendredi , 27.10

17:30 - 18:25

Functional Workout
Luana

Samedi , 28.10

10:00 - 10:55

Pump
Graziella

Dimanche , 29.10