

Lundi , 13.01

09:05 - 10:00

Pilates
Claudia

10:10 - 11:05

Pilates
Claudia

18:00 - 18:55

TRX
Marc

19:15 - 20:10

TRX
Marc

Mardi , 14.01

18:00 - 18:55

Pilates
Claudia

19:30 - 20:25

Pump
Nicole

Mercredi , 15.01

09:15 - 10:10

TRX
Marc

18:45 - 19:40

Sypoba BodyBalance
Beat

Jeudi , 16.01

09:05 - 10:00

Pilates
Melanie

10:10 - 11:05

Pilates
Melanie

18:00 - 18:55

TRX
Adam

19:10 - 20:05

TRX
Adam

Vendredi , 17.01

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Samedi , 18.01

09:30 - 10:25

Pump
Nicole

Dimanche , 19.01