

Lundi , 13.02

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

18:00 - 18:55

TRX
Adam

20:05 - 21:00

TRX
Adam

Mardi , 14.02

18:00 - 18:55

Pilates
Claudia

Mercredi , 15.02

09:15 - 10:10

TRX
Adam

17:45 - 18:40

Fighttime 55'
Patricia

18:50 - 19:45

Sypoba
Beat

Jeudi , 16.02

18:40 - 19:35

TRX
Diana

19:50 - 20:45

TRX
Diana

Vendredi , 17.02

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Samedi , 18.02

Dimanche , 19.02